Overview of Family Violence
#156– A Two Day Workshop– Core

Wednesday, December 18
Thursday, December 19
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Christopher Conference Center
30 North Plaza Blvd
Chillicothe, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

Presenter: Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

Suggested Audience: Staff at all levels.

Registration Deadline: December 11, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Monday, December 16 &
      Tuesday, December 17
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Guernsey CDJFS
324 Highland Avenue
Cambridge, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

Presenter: Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

Suggested Audience: Staff at all levels.

Registration Deadline: December 9, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Thursday, December 12 &
   Friday, December 13
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Highland Co. Training & Employment Center
1575 N. High Street
Hillsboro, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

Presenter: Fred Lewton is a therapist for the Clinton County Department of Job and Family Services. He provides alcohol and drug assessments of their clients as well as mental health assessments and individual counseling services. His experience as a trainer dates back to 1976. He has presented programs on co-dependency and addictive relationships, Gestalt personal growth workshops and family therapy. Mr. Lewton holds a Masters Degree in Counseling.

Suggested Audience: Staff at all levels.

Registration Deadline: December 5, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Managing Employee Terminations
#534– A One Day Workshop

Wednesday, December 11
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Ohio University Inn
331 Richland Avenue
Athens, Ohio

Do you have one employee who is simply incompetent...unable to do the work...refuses to comply with expectations and be accountable? Is that one employee a “lifer” or someone recently “off-the-streets?” Have you really made the decision to do something about it, or are you just momentarily fed-up? Once you decide to draw the line in the sand, there is systematic, organized action you can take that will assist the agency in protecting itself and may help the employee move on to more suitable employment.

This program is being co-sponsored with the Southeast Ohio Child Welfare Training Center.

Presenter: Stacey Saunders is an independent trainer and consultant from Columbus, Ohio. Her experience includes 16 years of service in the field of human services in casework., supervision, management training and most recently as the Director of Planning and Development for the Montgomery County Children Services Board. Ms. Saunders has also served in the Peace Corps in West Africa, Central America, and South America.

Suggested Audience: Current supervisors and managers only.

Registration Deadline: December 4, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Adult Development & the Aging Process  
#703– A Two Day Workshop– Core

Wednesday, December 4  
Thursday, December 5  
9:00 a.m. to 4:00 p.m.  
12 Contact Hours

Holmes CDJFS  
85 North Grant Street  
Millersburg, Ohio

This core course is designed to give participants a foundation for understanding the stages of adult development from physical, social and emotional perspectives. Our discussion of the life cycle begins at birth and concludes with a major focus on the aging process. The developmental theories of Erikson and Piaget are used as a framework to explain adult behaviors and the effects of childhood trauma of adult functioning. We will also examine the following issues on adult development:

- Mental Illness/ Mental Retardation
- Abuse and Neglect
- Chronic Illness
- Domestic Violence in the Family
- Physical and Psychological infirmities associated with aging

**Presenter:** Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

**Suggested Audience:** Highly recommended for all new Adult Protective Services workers and supervisors. Other staff with an interest or need in this area are welcome to attend.

**Registration Deadline:** November 26, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Monday, December 2 &
  Tuesday, December 3
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Guernsey CDJFS
324 Highland Ave.
Cambridge, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

Presenter: Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

Suggested Audience: Staff at all levels.

Registration Deadline: November 25, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Thursday, November 21 &
Friday, November 22
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Scioto CDJFS
710 Court Street
Portsmouth, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

Presenter: Fred Lewton is a therapist for the Clinton County Department of Job and Family Services. He provides alcohol and drug assessments of their clients as well as mental health assessments and individual counseling services. His experience as a trainer dates back to 1976. He has presented programs on co-dependency and addictive relationships, Gestalt personal growth workshops and family therapy. Mr. Lewton holds a Masters Degree in Counseling.

Suggested Audience: Staff at all levels.

Registration Deadline: November 14, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Building Professional Self-Esteem
#423– A One Day Workshop

Wednesday, November 20
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Inn at Roscoe Village
200 Whitewoman Street
Coshocton, Oh.

High self-esteem is an important characteristic shared by people who have achieved success in their lives and in their relationships. Attend this one day workshop to learn how higher self-esteem can energize your creativity, improve personal effectiveness, and enhance your professional career.

At the end of this workshop, participants will be able to:

• Understand the Ten Keys to High Self-Esteem
• Know how belief systems shape attitudes and how self-limiting beliefs impact self-esteem
• Understand ways of enhancing self-responsibility
• Distinguish between extrinsic and intrinsic motivation
• Understand the four steps to overcome fears
• Develop a personal Action Plan for building professional self-esteem

**Presenter:** Ruth McMonagle has over 25 years professional experience in behavioral science and human relations and possesses a sound understanding of human behavior. Her background includes extensive management, supervisory, personnel and sales experience in both a “hands-on” and consultive role. She has trained at all levels of the organizational structure, in settings as diverse as hospitals, government agencies, utility companies, banking, retail, engineering design firms, manufacturing and fabricating settings. Ms. McMonagle has university level teaching experience and has conducted thousands of workshops, seminars and training sessions.

**Suggested Audience:** Staff at all levels.

**Registration Deadline:** November 13, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Street Drugs
#414– A Two Day Workshop

Tuesday, November 19 &
  Wednesday, November 20
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Holiday Inn Express
5100 Old Scioto Trail
Portsmouth, Ohio

This workshop will present information regarding commonly used street drugs, the people who use them and ways to respond to users when he/she is high. Drugs covered include: crack, cocaine, narcotics, stimulants, solvents, barbiturates, legal substances and more.

Topics of discussion include: the effect of street drugs on those who use them, lifestyles of drug users, indicators that can help workers recognize drug use, methods of responding to users and cultural considerations.

Presenter: Jane Loisdaughter is the Director of Education at the Free Medical Clinic of Cleveland where she previously served as a psychiatric intake supervisor and a hotline supervisor. She has trained for the Ohio Welfare Conference, social service agencies and hospitals.

Suggested Audience: Staff at all levels.

Registration Deadline: November 12, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Monday, November 18 &
Tuesday, November 19
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Comfort Inn
605 East Main St.
Jackson, Ohio

This workshop is designed to provide participants with increased awareness about the
problem of family violence and how violence against women is a barrier to self-
sufficiency. Participants will also gain an understanding of the scope of the problem; be
able to identify women who may be living in violent relationships; understand the types
of family violence as well as the various forms of abuse; recognize the importance of
inquiry into the extent of the violence to determine the severity and the frequency of the
abuse; know the legal definition of domestic violence and the dynamics of family
violence; learn to develop a safety plan for women and children; learn how to interview a
woman from a strengths based approach; and understand how culture influences violence
against women.

Presenter: Fred Lewton is a therapist for the Clinton County Department of Job and
Family Services. He provides alcohol and drug assessments of their clients as well as
mental health assessments and individual counseling services. His experience as a trainer
dates back to 1976. He has presented programs on co-dependency and addictive
relationships, Gestalt personal growth workshops and family therapy. Mr. Lewton holds
a Masters Degree in Counseling.

Suggested Audience: Staff at all levels.

Registration Deadline: November 12, 2002. After this date, please call the training
center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For
more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email
mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Thursday, November 14 &
   Friday, November 15
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Ohio University
The Ridges,
Bldg. 20, Rm. 237
Athens, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

Presenter: Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

Suggested Audience: Staff at all levels.

Registration Deadline: November 7, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Do You Want to Cuss It or Discuss It?
#534—A One Day Workshop

Wednesday, November 13
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Lisbon Inn
40952 St. Rt. 154
Lisbon, Ohio

Do you find yourself encountering more and more people who are difficult to deal with? Some are overbearing, uncompromising, resentful, uncooperative and pushy. Whether you’re dealing with angry clients or overworked office staff, each conflict situation will challenge your skills and patience. In most cases you have two choices, you can cuss it or discuss it.

This program provides the skills needed to handle difficult people and conflict. The “Behavior Cycle” is covered and allows a different approach to handling people who are not so nice in the workplace. It will provide simple techniques in resolving conflict in a positive manner.

**Presenter:** Tim Holman, as a speaker and seminar leader, has conducted programs throughout the United States. He specializes in helping individuals and organizations maximize their potential. As a member of the National Speakers Association and the American Association for Training and Development, Mr. Holman is frequently requested to speak at conferences and retreats across the country. He is known for presenting highly unique and motivating programs that give practical solutions to today’s hectic and demanding world.

**Suggested Audience:** Staff at all levels.

**Registration Deadline:** November 6, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Dealing with Emergencies
#420– A One Day Workshop

Tuesday, November 12
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Days Inn
1281 West High Avenue
New Philadelphia, Oh

How would you respond in an emergency? What would you do if a co-worker or family member suddenly became ill or injured? Do you have the skill to provide support to victims of illness or injury until emergency personnel arrive? In the event of an emergency, seconds can mean the difference between life and death. This program will give you a variety of skills that will allow you to respond quickly and effectively in times of emergencies. Learn how to care for a heart attack or stroke victim. Understand how to control bleeding and prevent shock. Become certified in CPR. This course provides hands on skill development and practice.

Presenter: Tim Holman, as a speaker and seminar leader, has conducted programs throughout the United States. He specializes in helping individuals and organizations maximize their potential. As a member of the National Speakers Association and the American Association for Training and Development, Mr. Holman is frequently requested to speak at conferences and retreats across the country. He is known for presenting highly unique and motivating programs that give practical solutions to today’s hectic and demanding world.

Suggested Audience: Staff at all levels.

Registration Deadline: November 5, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156—A Two Day Workshop—Core

Thursday, November 7 &
Friday, November 8
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Ohio University-Eastern Campus
45425 National Rd.
Shannon Hall
St. Clairsville, Oh.

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

**Presenter:** Fred Lewton is a therapist for the Clinton County Department of Job and Family Services. He provides alcohol and drug assessments of their clients as well as mental health assessments and individual counseling services. His experience as a trainer dates back to 1976. He has presented programs on co-dependency and addictive relationships, Gestalt personal growth workshops and family therapy. Mr. Lewton holds a Masters Degree in Counseling.

**Suggested Audience:** Staff at all levels.

**Registration Deadline:** October 31, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Show Me the Money: Budgeting for Consumers
#404– A One Day Workshop– Core

Thursday, November 7
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Highland Co. Training &
Employment Center
1575 North High Street
Hillsboro, Ohio

It is estimated that the average family spends at least $500 per month more than they earn. This course gives both a philosophical and a practical look at family finances. It deals with financial attitudes, problems, and solutions for families. The workshop includes activities that will help participants see the personal and historical basis for the attitudes they have about money and spending. It involves looking at their current financial situation in a non-threatening way, discovering habits and attitudes, and implementing changes to help achieve financial independence. This workshop will give case managers tools to use in helping their clients plan toward financially self-sufficient living and will also assist working families who often find themselves struggling to live within their means. Practical aspects of the training include short-term and long-term planning, spending estimates, and finding ways to save money in everyday living.

Presenter: Chuck Holmes, founder of Covenant Financial Services, is a financial counselor who has been helping families manage their finances for ten years. His specialty is debt management and budgeting. In 1992, he decided that two mortgages, two car loans, three student loans, and multiple credit card debts were costing his family too much. He and his wife, Kathy, began implementing their own simple plan to be debt free. They succeeded in paying off all their debts, including their home, in two years. Since that time, he has helped hundreds of families develop and implement their own debt management plan.

Suggested Audience: Staff at all levels.

Registration Deadline: October 31, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Motivating Clients without Money
#404– A One Day Workshop

Monday, November 4
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Best Western
44128 Fairgrounds Road
Caldwell, Ohio

Every organization is struggling with the best ways of motivating clients without the traditional ‘carrot.’ This one day workshop is designed to help you re-think traditional motivational principles and to provide specific techniques, tools and insights to help workers motivate clients to be more involved, enthusiastic, and productive.

At the end of this workshop, participants will be able to:

- Identify specific de-motivators and how to banish them from your work with clients
- Distinguish between intrinsic and extrinsic motivational techniques and how to use them
- Understand client ‘empowerment’ and self-determination and how to use both for client motivation

Know specific ways and additional techniques of motivating clients

Presenter: Ruth McMonagle has over 25 years professional experience in behavioral science and human relations and possesses a sound understanding of human behavior. Her background includes extensive management, supervisory, personnel and sales experience in both a “hands-on” and consultive role. She has trained at all levels of the organizational structure, in settings as diverse as hospitals, government agencies, utility companies, banking, retail, engineering design firms, manufacturing and fabricating settings. Ms. McMonagle has university level teaching experience and has conducted thousands of workshops, seminars and training sessions.

Suggested Audience: Staff at all levels.

Registration Deadline: October 28, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Monday, October 28 &
Tuesday, October 29
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Belmont CDJFS
310 Fox Shannon Place
St. Clairsville, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

**Presenter:** Fred Lewton is a therapist for the Clinton County Department of Job and Family Services. He provides alcohol and drug assessments of their clients as well as mental health assessments and individual counseling services. His experience as a trainer dates back to 1976. He has presented programs on co-dependency and addictive relationships, Gestalt personal growth workshops and family therapy. Mr. Lewton holds a Masters Degree in Counseling.

**Suggested Audience:** Staff at all levels.

**Registration Deadline:** October 21, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Mental Health
#157– A Two Day Workshop– Core

Thursday, October 24 &
  Friday, October 25
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Lafayette Hotel
101 Front Street
Marietta, Ohio

We have developed a Core Curriculum for the OWF/TANF worker who must work with those who have mental health issues. Sure, we refer those we can easily identify to mental health centers, but what about the ones who aren’t too ill to work? It has been said that the CDJFS worker is often the first to identify mental illness. Mental illness and/or a DSM-IV diagnosis does not remove a person from the workforce. We have people with mental health problems in all sorts of jobs from Congress to the street sweeper. We still have to work with those not severe enough for SSI. This workshop will teach you about the possible problems you may encounter and how to use that information in finding appropriate settings for them to work. This course has been designed around responses from actual OWF workers around the state.

Presenter: Harry Eisel, Ph.D. is a psychologist in private practice in Columbus. He currently provides consulting and psychological services to the Ohio Correctional System, in addition to individual psychotherapy. His experience includes working internationally in treatment planning and psychological services in prisons, mental health centers, a forensic hospital and nursing homes. He has provided training in the area of management, abnormal behavior, motivation and psychopathology.

Suggested Audience: Staff at all levels.

Registration Deadline: October 17, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Adult Development & the Aging Process
#703 – A Two Day Workshop – Core

Thursday, October 24 &
   Friday, October 25
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Scioto CDJFS
710 Court Street
Portsmouth, Ohio

This core course is designed to give participants a foundation for understanding the stages of adult development from physical, social and emotional perspectives. Our discussion of the life cycle begins at birth and concludes with a major focus on the aging process. The developmental theories of Erikson and Piaget are used as a framework to explain adult behaviors and the effects of childhood trauma of adult functioning. We will also examine the following issues on adult development:

- Mental Illness/ Mental Retardation
- Abuse and Neglect
- Chronic Illness
- Domestic Violence in the Family

Physical and Psychological infirmities associated with aging

**Presenter:** Sandi Priestino holds a Doctorate from the University of South Carolina. She is a clinician, private trainer and consultant with extensive experience in the field of human services. Previously, she worked for the Delaware County Children Services and the Ohio Department of Youth Services. She trains on a wide variety of social services areas throughout the country.

**Suggested Audience:** Highly recommended for all new Adult Protective Services workers and supervisors. Other staff with an interest or need in this area are welcome to attend.

**Registration Deadline:** October 17, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Mental Health
#157– A Two Day Workshop– Core

Tuesday, October 22, &
   Wednesday, October 23
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Lafayette Hotel
101 Front Street
Marietta, Ohio

We have developed a Core Curriculum for the OWF/TANF worker who must work with those who have mental health issues. Sure, we refer those we can easily identify to mental health centers, but what about the ones who aren’t too ill to work? It has been said that the CDJFS worker is often the first to identify mental illness. Mental illness and/or a DSM-IV diagnosis does not remove a person from the workforce. We have people with mental health problems in all sorts of jobs from Congress to the street sweeper. We still have to work with those not severe enough for SSI. This workshop will teach you about the possible problems you may encounter and how to use that information in finding appropriate settings for them to work. This course has been designed around responses from actual OWF workers around the state.

Presenter: Harry Eisel, Ph.D. is a psychologist in private practice in Columbus. He currently provides consulting and psychological services to the Ohio Correctional System, in addition to individual psychotherapy. His experience includes working internationally in treatment planning and psychological services in prisons, mental health centers, a forensic hospital and nursing homes. He has provided training in the area of management, abnormal behavior, motivation and psychopathology.

Suggested Audience: Staff at all levels.

Registration Deadline: October 15, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
This workshop will offer education about older adult’s use/abuse and subsequent dependency upon alcohol and or drugs. It will address the age specific issues associated with this problem, the etiology of the problem and age specific strategies for treatment.

At completion of this session participants will be able to:

- Understand the etiology of older adult drinking/drug problems
- Understand the importance of a differential diagnosis
- Identify the unique aspects of assessment and treatment of older adults
- Recognize the role of the family in treatment

Have an opportunity to analyze a case and get feedback on the analysis.

**Presenter:** Sharon Dudash is a LISW and earned her Master of Social Work from Ohio State University. As director of Elder Focus, Ms. Dudash oversees the operation of all older adult outpatient services at North Central Mental Health. Ms. Dudash is responsible for planning, development, and implementation of education and liaison activities to promote awareness in the community of the agency’s older adult programs. Some of the areas that she focuses on include depression, anxiety, elder abuse, drug abuse, and severe mental illness. Ms. Dudash participates in the development and implementation of treatment models that are age-specific and address such issues as chemical dependency, grief overload, and cultural diversity in the older adult population.

**Suggested Audience:** Recommended for Adult Protective Services staff. Others with an interest or need are welcome to attend.

**Registration Deadline:** October 15, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Legal Issues in Adult Protective Services
#700– A One Day Workshop– Core

Friday, October 18
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Inn at Roscoe Village
200 Whitewoman Street*
Coshocton, Ohio

This one day course will provide a summary of legal topics as they relate to Adult Services Practice. Legal definitions of abuse, neglect, exploitation, incapacity and incompetence will be examined. The legal base for APS, the role of the court system and current Ohio laws regarding guardianship, conservatorship, power of attorney, wills and protective payees will be examined. The importance of confidentiality, documentation, records retention and preparation for court will also be addressed. Participants are encouraged to bring actual case questions and concerns.

*Please note alternative route to the Inn at Roscoe Village during this date (pg. 44). The Coshocton County Apple Butter Festival will be taking place, closing Whitewoman Street.

**Presenter:** Kevin Craine earned his B.A. from Ohio Northern University and his J.D. from Capital University. He is a partner in the Columbus law firm of Kincaid and Randall. He also serves as the executive director of the Franklin County Board of Mental Retardation and Developmental Disabilities. In addition, he is a trustee of the Ohio Coalition of Adult Protective Services and the Ohio Association of County Boards of Mental Retardation and has served as a general referee for the Franklin County Probate Court. He has trained nationally in the area of adult protective services.

**Suggested Audience:** Highly recommended for all new Adult Protective Services workers and supervisors. Other staff with an interest or need in this area are welcome to attend.

**Registration Deadline:** October 11, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Humor & Healing for Caregivers
#720—A One Day Workshop

Thursday, October 17
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Plaza Conference Center
200 N. Plaza Blvd.
Chillicothe, Ohio

Humor provides a means of coping, communicating and connecting. Used in a positive sense, humor is full of hope, joy, and fun at a time when caregivers are stressed out, overwhelmed and exhausted. Learn techniques to help get through the tough times; why we don’t laugh; the benefits of laughter; fun, creative ways to deal with stress; using humor to deal with the loss of self for clients with disabling conditions.

Presenter: Kay Housum brings over twenty years of healthcare and educational training experience to her presentations. She is best known for her unique, creative and innovative approach. Kay’s use of participation-centered sessions helps attendees retain ideas they can use both at work and at home. Kay attended the University of Wisconsin and Cleveland State. She’s a member of the American Society for Training and Development, The National Speakers Association and Northeast Ohio Speakers Association.

Suggested Audience: Caregivers and staff involved in providing direct services.

Registration Deadline: October 10, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Humor & Healing for Caregivers
#720– A One Day Workshop

Wednesday, October 16
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Best Western
44128 Fairgrounds Rd.
Caldwell, Ohio

Humor provides a means of coping, communicating and connecting. Used in a positive sense, humor is full of hope, joy, and fun at a time when caregivers are stressed out, overwhelmed and exhausted. Learn techniques to help get through the tough times; why we don’t laugh; the benefits of laughter; fun, creative ways to deal with stress; using humor to deal with the loss of self for clients with disabling conditions.

**Presenter:** Kay Housum brings over twenty years of healthcare and educational training experience to her presentations. She is best known for her unique, creative and innovative approach. Kay’s use of participation-centered sessions helps attendees retain ideas they can use both at work and at home. Kay attended the University of Wisconsin and Cleveland State. She’s a member of the American Society for Training and Development, The National Speakers Association and Northeast Ohio Speakers Association.

**Suggested Audience:** Caregivers and staff involved in providing direct services.

**Registration Deadline:** October 9, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
The Impact of Witnessing Parental Violence on Children
#412–A One Day Workshop

Friday, October 11
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Holmes CDJFS
85 N. Grant Street
Millersburg, Ohio

It is established that between 3.3 and 10 million children in the United States annually witness domestic violence. This workshop addresses the children of domestic violence and how witnessing parental violence or have psychological proximity affects children’s development.

This workshop explores both the direct and indirect influences parental violence has on children including the father’s role in the development of aggression in his children. Children who witness the assault of their mother are high-risk candidates for immediate and long-term emotional and behavioral adjustment problems. These children are likely to suffer psychological damage in four areas: the immediate trauma; adverse affects on development; living under high levels of stress with fear of injury to self and mother; and exposure to violent role models.

Presenter: Gary Dick, Ph.D., LISW, is a clinical social worker and a Clinical Group Supervisor for Amend, a domestic violence treatment program. He is the former Director of Professional Education at the Children’s Home of Cincinnati and is a Professor in the School of Social Work at the University of Cincinnati.

Suggested Audience: Staff at all levels.

Registration Deadline: October 4, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence  
#156– A Two Day Workshop– Core

Thursday, October 10 &  
Friday, October 11  
9:00 a.m. to 4:00 p.m.  
12 Contact Hours

Ross County Service Center  
475 Western Ave.  
Chillicothe, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

Presenter: Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

Suggested Audience: Staff at all levels.

Registration Deadline: October 3, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Show Me the Money: Budgeting for Consumers
#404– A One Day Workshop

Thursday, October 10
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Inn at Roscoe Village
200 Whitewoman St.
Coshocton, Ohio

It is estimated that the average family spends at least $500 per month more than they earn. This course gives both a philosophical and a practical look at family finances. It deals with financial attitudes, problems, and solutions for families. The workshop includes activities that will help participants see the personal and historical basis for the attitudes they have about money and spending. It involves looking at their current financial situation in a non-threatening way, discovering habits and attitudes, and implementing changes to help achieve financial independence. This workshop will give case managers tools to use in helping their clients plan toward financially self-sufficient living and will also assist working families who often find themselves struggling to live within their means. Practical aspects of the training include short-term and long-term planning, spending estimates, and finding ways to save money in everyday living.

Presenter: Chuck Holmes, founder of Covenant Financial Services, is a financial counselor who has been helping families manage their finances for ten years. His specialty is debt management and budgeting. In 1992, he decided that two mortgages, two car loans, three student loans, and multiple credit card debts were costing his family too much. He and his wife, Kathy, began implementing their own simple plan to be debt free. They succeeded in paying off all their debts, including their home, in two years. Since that time, he has helped hundreds of families develop and implement their own debt management plan.

Suggested Audience: Staff at all levels.

Registration Deadline: October 3, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Domestic Violence Later in Life
#720– A One Day Workshop

Wednesday, October 9
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Holiday Inn
701 Pike Street
Marietta, Ohio

Prevalence studies suggest that as many as half of all elder abuse situations represent domestic violence in late life. However, until recently adult protective services and domestic violence programming remained distinct systems. This workshop will examine the dynamics of domestic violence in late life as well as identify strategies and issues in detecting, preventing and treating this problem across service systems.

**Presenter:** Georgia Anetzberger, Ph.D., ACSW, LISW, until recently, served as the Associate Director for Community Services at The Benjamin Rose Institute. She is an Adjunct Assistant Professor in the School of Medicine at Case Western Reserve University, Graduate Faculty for Health Care Administration at Cleveland State University, and a Fellow of the Gerontological Society of America. Dr. Anetzberger has been active in the field of aging for over twenty-five years as a planner, administrator, and educator. Her special interest and expertise is the field of elder abuse, in which she conducted pioneering research on physically abusing perpetrators.

**Suggested Audience:** Recommended for Adult Protective Services staff. Others with an interest or need in this area are welcome to attend.

**Registration Deadline:** October 2, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Dementia & Other Mental Disorders in Older Adults
#720– A One Day Workshop

Tuesday, October 8
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Comfort Inn
I-70 Exit 155
500 Monroe Street
Zanesville, Ohio

After participating in this training, participants will have the knowledge to: accurately detect, diagnose and provide interventions for older adults with dementia and other mental disorders; identify signs and symptoms of Alzheimer’s, other common dementias and mental disorders; differentiate between dementia and other mental disorders; initiate outpatient assessment and treatment of Alzheimer’s and other dementias and mental disorders; identify and manage behavioral symptoms of mental disorders in the older adult; and identify resources and initiate appropriate referrals. Participants are encouraged to come prepared to discuss their difficult cases and to explore ideas for intervention.

Presenter: Edward Omabego, ACSW, LISW, is an independent consultant, evaluator and trainer. His areas of expertise include social work, nursing, public health, mental health and public administration. He is currently the director of Murtis H. Taylor, a community mental health agency in Cleveland, Ohio.

Suggested Audience: Recommended for Adult Protective Services staff. Others with an interest or need in this area are welcome to attend.

Registration Deadline: October 1, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Overview of Family Violence
#156– A Two Day Workshop– Core

Thursday, October 3 &
Friday, October 4
9:00 a.m. to 4:00 p.m.
12 Contact Hours

Ohio University
The Ridges
Bldg. 20, Rm. 237
Athens, Ohio

This workshop is designed to provide participants with increased awareness about the problem of family violence and how violence against women is a barrier to self-sufficiency. Participants will also gain an understanding of the scope of the problem; be able to identify women who may be living in violent relationships; understand the types of family violence as well as the various forms of abuse; recognize the importance of inquiry into the extent of the violence to determine the severity and the frequency of the abuse; know the legal definition of domestic violence and the dynamics of family violence; learn to develop a safety plan for women and children; learn how to interview a woman from a strengths based approach; and understand how culture influences violence against women.

**Presenter:** Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

**Suggested Audience:** Staff at all levels.

**Registration Deadline:** September 26, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Supervisory Core 502: Managing Work Through People
#502—A Three Day Workshop—Supervisory Core

October 2, 3 & 4
9:00 a.m. to 4:00
18 Contact Hours

Christopher Conference Center
30 N. Plaza Blvd.
Chillicothe, Oh.

In this second course of the Supervisory Core Series we will examine the following issues:

• Factors that motivate and underline performance.

• Analyze a “most challenging” staff member via 6 motivational models and create an Action Plan to address targeted performance deficits.

• Leader’s self-assessments to identify his/her work style and gain insight into how others perceive him/her in the workplace.

Know how and why to structure supervisory conferences to track and reward performance improvement.

Presenter: Lou Vincent is an experienced human services trainer and management consultant with the firm Rizzo and Associates. He held a variety of positions during 14 years at Boys Village and is currently pursuing an M.B.A. degree. He specializes in training on diversity, human resource development, and workplace violence.

Suggested Audience: Current supervisors and managers only.

Registration Deadline: September 25, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Solving Conflict with Assertive Communication
#423–A One Day Workshop

Wednesday, October 2
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Comfort Inn
605 E. Main Street
Jackson, Oh.

Constructively managing conflict through assertive confrontation involves awareness of several elements such as communication styles; culture, gender, and age; and also personal history, experiences and events. These elements will be discussed. Participants will learn effective communication techniques to solve conflict professionally and successfully. Examples of communication techniques for conflict management that participants will learn are paraphrasing, partializing, and interpreting.

Presenter: Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

Suggested Audience: Staff at all levels.

Registration Deadline: September 25, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.
Long Term Impact of Early Trauma on Development of Intimacy in Relationships
#400– A One Day Workshop

Monday, September 30
9:00 a.m. to 4:00 p.m.
6 Contact Hours

Christopher Conference Center
30 N. Plaza Blvd.
Chillicothe, Oh.

Having a successful adult relationship is many times very difficult for someone who grows up in a family where trauma occurs. We are dramatically changed by the internalization of the traumatic experiences thus altering our ability to be truly vulnerable and trusting when we feel drawn to another. There are no “quick fixes” to a programmed adult brain. One can change the pattern of having relationship failure but it takes awareness, behavior change and time to alter the brain. You will learn a lot about yourself and others.

Presenter: Lee Nutter has his Doctorate in Social Welfare from the Mandel School of Social Work at Case Western Reserve University where he has taught graduate students on a broad range of topics. He trains around the country and within the state through both the Ohio Human Services Training System and the Child Welfare Regional Training Centers. He is an active researcher, clinician and educator. His research has ranged from courtship violence to the role of substance abuse in family violence and sex abuse.

Suggested Audience: Staff at all levels.

Registration Deadline: September 23, 2002. After this date, please call the training center to check availability.

Workshops offered through the OHSTS and the Southeast Regional Training Center. For more information or to register, please call 740-597-2160 or 1-877-625-1714, or by email mcbride@ohiou.edu.